



FIVE INGREDIENT FAT BOMBS

SERVINGS: 8

PREPPING TIME: 5 MIN

MAKING TIME: 8 MIN

INGREDIENTS

- 100g Almond Flour
- 30g Almond butter
- 20g Sweetner of choice
- 2 Tablespoons Coconut Oil
- 80g Dark Chocolate

DIRECTIONS

1. Melt the coconut oil.
2. Combine oil, flour, sweetner + butter until the mixture resembles wet sand.
3. Press into small balls of mixture (approx 8)
4. Place in freezer to cool while you melt the chocolate.
5. Pour chocolate over the Fat Bombs option to top with chopped nuts!

